

### **For Clinical Training (Wednesday & Thursday)**

- Participants must be >5 years of age
- Participants need to be willing to complete functional assessments (strength, balance, hand function and mobility) up to 4 times over 2 days. Assessments, including a 6-minute walk test, must be attempted unaided (no AFOs or other supports) for the repeated assessments.
- Informed consent signed by participant or their parent/guardian
- Ability to understand instructions in English
- Free from injury which may prevent assessment of strength/function with CMT assessment

### **Wearable Study (Thursday):**

- Participants must be between the ages of 8-70
- Participants must be able to attempt the 6MWT without any aids.
- Assessments will be performed barefoot to accommodate wearable sensors
- Informed consent signed by participant or their parent/guardian

### **Exclusion criteria**

Orthopedic surgery in the last 3 months or anticipated for the duration of the at home monitoring